

# Monday Manna with Tools of the Believer

Daily Devotional:  
Embracing God's Ongoing Work  
in Our Lives

February 3 - 9, 2025

Help Is on the Way!

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## Day 1: Help Is on the Way (Psalm 46:1)

Scripture: "God is our refuge and strength, a very present help in trouble." – Psalm 46:1

Reflection: God is always with us, ready to provide the help we need. His presence is our refuge and strength, no matter the challenges we face. Reflect on times when you have felt God's help in your life.

Prayer: Dear Lord, thank You for always being present in my life. Help me to rely on Your strength and seek refuge in You during difficult times. In Jesus' name, Amen.

## Day 2: We All Need Help (Psalm 121:1-2 )

Scripture: "I will lift up mine eyes unto the hills, from whence cometh my help. My help cometh from the Lord, which made heaven and earth." – Psalm 121:1-2

Reflection: We all need help at some point in our lives, and it's important to remember that our help comes from the Lord. He is the Creator of heaven and earth, and He cares for us deeply.

Prayer: Heavenly Father, I acknowledge that I need Your help every day. Please guide me and provide the support I need. Help me to always look to You for assistance. In Jesus' name, Amen.

## Day 3: The Holy Spirit is Our Helper (John 14:26 )

Scripture: "But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you." – John 14:26

Reflection: The Holy Spirit is our helper and comforter. He teaches us and reminds us of God's promises. Trust in the Holy Spirit to guide you and provide the help you need.

Prayer: Holy Spirit, thank You for being my helper and comforter. Teach me and remind me of God's truths. Help me to rely on Your guidance every day. In Jesus' name, Amen.

## Day 4: Jesus is a Very Present Help (Hebrews 13:5-6 )

Scripture: "Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee. So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me." – Hebrews 13:5-6

Reflection: Jesus has promised to never leave us or forsake us. He is always present and ready to help us. We can be confident and unafraid because the Lord is our helper.

Prayer: Lord Jesus, thank You for Your constant presence in my life. Help me to trust in You and be confident in Your help. Amen. In Jesus' name, Amen.

Day 5: All of Our Help Comes from the Lord (Psalm 124:8)

Scripture: "Our help is in the name of the Lord, who made heaven and earth." – Psalm 124:8

Reflection: All of our help comes from the Lord, the Creator of heaven and earth. He is powerful and able to provide for all our needs. Reflect on how God has helped you in the past and trust Him for the future.

Prayer: : Lord, I recognize that all my help comes from You. Thank You for being my provider and sustainer. Help me to trust in Your provision every day. In Jesus' name, Amen.

## Day 6: Hide Me (Psalm 27:5)

Scripture: "For in the time of trouble he shall hide me in his pavilion: in the secret of his tabernacle shall he hide me; he shall set me up upon a rock." – Psalm 27:5

Reflection: In times of trouble, God provides a place of safety and refuge. He hides us in His presence and sets us on a firm foundation. Trust in God's protection and find comfort in His care.

Prayer: Lord, thank You for being my hiding place and refuge. Help me to trust in Your protection and find peace in Your presence. In Jesus' name, Amen.

## Day 7: Exceeding Abundantly (Ephesians 3:20)

Scripture: "Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us." – Ephesians 3:20

Reflection: God is able to do far more than we can ask or imagine. His power is at work within us, providing help and guidance beyond our expectations. Reflect on God's amazing ability to exceed your needs and desires.

Prayer: Heavenly Father, thank You for Your abundant provision and help. Help me to trust in Your power and believe that You can do more than I can imagine. In Jesus' name, Amen.



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This week, we've been reminded of God's constant and unfailing help in our lives. From the assurance that help is always on the way to recognizing the Holy Spirit's guidance and Jesus's presence, we see that all our help comes from the Lord. He is our refuge in times of trouble and exceeds our expectations in providing for us. As you reflect on these truths, may your faith be strengthened, and your heart encouraged. Trust in God's ongoing work and His ever-present help.

